

**Harvard Medical School
Mind-Body Research Seminar Series
Fall-Winter 2008**



**ALL SEMINARS TAKE PLACE AT THE OSHER RESEARCH CENTER, LANDMARK CENTER,
401 PARK DRIVE, SUITE 22A, BOSTON
ALL SEMINARS BEGIN AT 4:00 PM**

**Oct 16 Modulation of respiratory related cortico-limbic-bulbar activity
during mindfulness meditation**

Karleyton C. Evans, MD, MS

Instructor in Psychiatry and Fellow in Radiology

Harvard Medical School Psychiatric Neuroscience Division,
Massachusetts General Hospital

Nov 6 Yoga for Kids: Potential Clinical Applications

Gurjeet Birdee, MD MPH

Clinical Research Fellow at Harvard Medical School Osher
Research Center

Dec 11 Tai Chi and Immunity

Marie-Hélène Jouvin, MD

Instructor, Department of Pathology

Beth Israel Deaconess Medical Center and Harvard Medical
School

Jan 22 Tai Chi for COPD: Results of a Pilot Feasibility Study

Gloria Yeh, MD, MPH

Assistant Professor of Medicine

Beth Israel Deaconess Medical Center

Harvard Medical School Osher Research Center